

How We Care

Our Model of Care is based on a 2 Generation (2Gen) approach, supporting both the person with neuro-physical disability and their family through-out all stages of life.

Our 2Gen model of care is focused on 6 services that allow us to offer holistic & comprehensive wraparound care programmes with personalised plans for each client and family member.



Who We Are

Crann is a pioneering Irish charity; we provide life-long solutions for people & families living with neuro-physical disabilities.

Our community of clients & families access our team of experts, services and facilities on a referral basis and they receive a personalised programme of care to meet their needs.

Since our doors opened in 2018 we have already helped over 500 clients & families through our Model of Care.



Booking & Enquiries

Not sure which courses would best meet your students' needs? We're happy to guide you.

Email our Health & Continence Team at professionaleducation@cranncentre.ie



Solutions for families with neuro-physical disabilities

Professional Education Courses

Learn the theory, skills and confidence required to provide care effectively and safely.



Contact Us

www.cranncentre.ie 021 428 9267
Crann Centre, Classis, Ovens, Co. Cork, P31 TX39

Charity Number: 22096
Charities Regulatory Authority Number: 20151928

SNA Courses

Open to SNAs, teachers, AIMs workers, social care workers, personal assistants, home support workers and care assistants.

✔ **Clean Intermittent Catheterisation (CIC):**

Theory and Workshop* [InCrann/Online only]

This comprehensive 6-hour course provides the theory and knowledge required to safely carry out CIC in the school setting. Our practical, hands-on workshop will give you the confidence required to carry out this new skill.

Cost: Theory only (online) - €50pp

In-house workshop (incl. theory) - €85pp

✔ **'It Only Takes A Minute'©,**

Pressure Care Awareness Course

This 2-hour course details how pressure ulcers develop, strategies to help prevent them and how to identify and manage the early signs of pressure ulcer development.

Cost: Online or in-house – €50pp

✔ **'Include Me Too! Disability & Healthcare Needs Awareness Training**

A 3.5-hour, comprehensive programme, focused on neuro-physical disabilities, covering topics such as inclusive terminology, language and communication, dignity and respect. It covers strategies to help reduce barriers to social inclusion & addressing health needs in community settings. Also covered are areas such as intimate care and addressing health needs in the community.

Cost: €50pp



Condition-Specific Overviews:

- Spina Bifida
- Hydrocephalus and Shunts
- Other topics available on request

✔ **Mind Your Back - Manual Handling**

This 3-hour course in manual handling is tailored for those supporting people with disabilities.*
(Hoist training is not included.)

Cost: In-house workshop €45pp

✔ **Mind Your Back - Patient Moving & Handling**

This 1/2 day course in patient moving and handling covers the theory of manual handling and demonstrates use of hoist. Certificate of attendance issued.*

Cost: In-house workshop €60pp

Nurse Courses

These courses are CEU accredited with the Nursing and Midwifery Board of Ireland (NMBI) for Nurses.

✔ **Clean Intermittent Catheterisation (CIC): Theory and Workshop**

This comprehensive 6-hour course provides the theory and knowledge required to safely carry out CIC in the community. Our practical, hands-on workshop, will give you the confidence required to carry out this new skill.

Cost: In-house workshop (incl. theory)-€85pp

✔ **Trans-Anal Irrigation Training**

This comprehensive 6-hour course provides the theory and knowledge required to safely carry out TAI in the community. Our practical, hands-on workshop, will give you the confidence required to carry out this new skill.

Cost: €85pp

✔ **TAI + Antegrade Colonic Enema (ACE training)**

This course combines the skills of Trans Anal Irrigation with management for Antegrade Colonic Enema. This combined course is a full day session.

Cost: €100 (in-house at Crann only)

Testimonials

"She gave us great knowledge on CIC. She answered all of our questions and I certainly feel more comfortable about it now."

Laura O'T

Clean Intermittent Catheterisation Course Attendee

"It was very informative and [the instructor] was extremely helpful and understanding with our concerns on this issue as we had never carried out any procedures like this before."

Paula O'S

Clean Intermittent Catheterisation Course Attendee

"[After the course] I felt very confident that I was giving the child the best assistance and that their parents benefitted as they too were confident that we had received the best of training. I now perform catheterisation as part of my work duties daily."

Nora

Clean Intermittent Catheterisation Course Attendee

Book Your Training

Visit | <https://cranncentre.ie/professional-education/>

Email | professionaleducation@cranncentre.ie

Scan |



*The instructor is FETAC QQI Level 6 qualified.